

Training

Volunteers are trained both in-house and externally covering a variety of subjects including:

- ▶ First Aid
- ▶ Health and Safety
- ▶ Infection Control
- ▶ Drug and Alcohol Awareness
- ▶ Mental Health First Aid
- ▶ Safeguarding Awareness



Volunteering

We are always looking for dedicated volunteers to join our current team. You must be:

- ▶ Over 18
- ▶ Willing to commit to 2 nights per month
- ▶ Have a driving license

All volunteers undertake a DBS check as part of their induction. Full training is provided and ongoing.

Think you could make a difference? Give something back to the community you live in? Then get in touch!

www.projectsafehaven.co.uk
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01603 621263



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Follow us on Twitter
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YMCA NORFOLK

Local people
helping their local
community



SOS BUS PROJECT SAFE HAVEN

PART OF YMCA NORFOLK

YMCA

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

YMCA

About us

Project Safe Haven is a multi-agency initiative which is operating every Friday and Saturday night from 9pm until late within the night-time economy of Kings Lynn town centre.

We offer a variety of services and support by working in conjunction with local agencies, this enables us to offer help and advice to any individual presenting in crisis or needing assistance.

The SOS unit is located in Kings Lynn town centre, in a prime location within the night-time economy. We are accessible by foot or road.

Partnership Working

We work with organisations locally which creates clear pathways between agencies including Norfolk Constabulary, East of England Ambulance Service, Norfolk Safeguarding Children and Adults Board, Harbour Centre and West Norfolk Clinical Commissioning Group. By working together we are able to provide a wide spectrum of support.

Volunteers

The project is run by volunteers, without their continued support we would not be where we are today. Each volunteer has their own reasons for joining, this could be professional development or personal exploration. Volunteers are provided with a range of training opportunities to help them develop.

Safety

Our unit is covered by CCTV and all volunteers are linked by CCTV radios when on shift along with direct links to CCTV, police and door staff.



Services

- ▶ **First aid**
We provide assistance to anyone needing help during their night out. Regardless of your injury or difficulty we will endeavour to assist.
- ▶ **Promotion of Safe Sex**
Free condoms, dams, femidoms and non-latex.
- ▶ **C-Card**
A scheme available for young people aged 13-24.
- ▶ **Flip flops**
Tired feet, heels hurting? Why not prevent further injury and pick up a pair of flip flops.
- ▶ **Stay Warm**
Blankets, hats and scarves offered subject to stock availability.
- ▶ **Refreshments**
Fancy a cup of tea or a hot soup to warm up especially during the winter months? Pop in and grab a free hot drink.
- ▶ **Needle Exchange**
We are the first organisation in Norfolk to offer a needle exchange facility between 9pm and 3am over the weekend.
- ▶ **Information & advice**
The SOS can help you by providing leaflets, information and referral options for the following areas: alcohol and drugs, safeguarding, domestic violence, sexual assault, homelessness and mental health.